

Intervention Catalogue

There is significant evidence that good behaviour is an essential prerequisite to effective learning and enhances children's well-being. It is acknowledged that most children do not experience difficulties in moderating their behaviour at school and are able to make the most of the educational opportunities made available to them. A small number of children, however, find it difficult to engage positively in learning and manifest these difficulties through poor behaviour. These children need – and deserve – additional support.

Through the development and implementation of a sustainable Secondary Behaviour Strategy a partnership of the council, schools, parents and other stakeholders will offer support when it is needed.

Part of this development is ensuring schools are aware of the abundance of support available across the city and beyond. This support is categorised in the following diagram. School inclusion teams can follow the links provided below the diagram to find out more. Details of the various Alternative Provisions in Derby City and beyond are also included for your information.



Social & Emotional -
Mental Health &
Wellbeing



Behavioural - Crime,
Violence & Antisocial
Behaviour



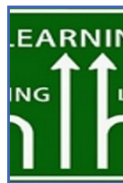
Physical & Sexual
Health



Cognitive



Miscellaneous Support



Alternative Providers

Social & Emotional – Mental Health & Wellbeing

Anna Freud National Centre for Children- Mental Health support-

<https://www.annafreud.org/>

Aquarius - The service also specialises in the medical aspect of substance misuse treatment and manages all substance misuse substitute prescribing across Derby. We also deliver support to families and partners affected by another person's substance use.

[Derby Drug and Alcohol Recovery Service | Derby Adult Support Service \(aquarius.org.uk\)](#)

Barnardo's- Children's charity that protects and supports the UK's most vulnerable children and young people. <https://www.barnardos.org.uk/>

Build Sound Minds - Provide specialist support for children and young people aged 0-17 who are likely to present emotional and mental difficulties but do not meet the thresholds for more specialist services. [About Us | Action for Children](#)

CAMHS – A specialist NHS service offering assessment and treatment to children and young people if they are experiencing emotional, behavioural or mental health difficulties.

[I'm a professional :: Derbyshire Healthcare NHS Foundation Trust \(derbyshirehealthcareft.nhs.uk\)](#)

CAMHS RISE – **(For extreme cases that require immediate support)** A rapid response service for young people who have seriously self-harmed or are having suicidal thoughts. Referral usually in conjunction with a primary care professional.

Child Bereavement UK- Bereavement support

<https://www.childbereavementuk.org/>

Childline- Childline is a counselling service for children and young people

<https://www.childline.org.uk/>

Improving the life chances of students in Derby.

Hidayah- Providing support, education and welfare for the Muslim LGBT+ community, as well as friends and family

<https://www.hidayahlgbt.com/>

Home-Start- Working with people who have parenting experience to support local parents

<https://www.home-start.org.uk/>

Kooth – Online Mental Health and Well-being community.

<https://www.kooth.com/>

Livewell – Caring experts ready to support with weight loss, smoking cessation and transforming lives.

[Livewell | Derby City Council's wellbeing service](#)

Papyrus- Suicide Prevention support

<https://www.papyrus-uk.org>

Qwel- Online emotional support for parents

<https://www.qwell.io/>

Safecall – Support for exploitation commonly referred to as “county lines” or **child criminal exploitation (CCE)**. They offer a non-judgemental, safe space for those affected to talk about their experiences in confidence. We can provide reassurance, support them to explore their choices, and help them formulate a safety plan.

<https://www.missingpeople.org.uk/safecall-service#1-who-safecall-is-for>

Safespeak – provide counselling and other emotional health services for young people.

<https://www.safespeak.org.uk/>

Samaritans- Providing emotional support to anyone in emotional distress, struggling to cope, or at risk of suicide

Improving the life chances of students in Derby.

<https://www.samaritans.org/?nation=scotland>

The Keep – Emotional Health & Wellbeing Service. The Keep is a single integrated health and social care team based at Leopold Street providing emotional well-being and therapeutic services for Children in Care and other groups of vulnerable children and young people.

[6.6.3 Emotional Health and Wellbeing Service - The Keep \(proceduresonline.com\)](#)

The Space – Sexual Health Services for the under 25's.

[Space @ Connexions \(under 25s only\) \(Derby\) \(yoursexualhealthmatters.org.uk\)](#)

Think Ninja- A Mental Health App designed for 10-18 year olds. Using a variety of content and tools, it allows young people to learn about mental health and emotional wellbeing.

<https://www.nhs.uk/apps-library/thinkninja/>

Tree Tops - Offering a range of services to support adults, children, young people and families who are dealing with a life-limiting illness or bereavement.

https://www.treetopshospice.org.uk/our-services/therapeutic-services/?gclid=EAAlQobChMIwqyK_I7Q7gIVW-ztCh1p-QoxEAAYAiAAEgJKX_D_BwE

TwentyTwenty (Love for Life) - helps hundreds of disengaged young people each year to develop self-belief and motivation, while achieving academic qualifications and learning work ready skills to help them find and keep good jobs.

[Love4Life \(twentytwenty.org.uk\)](http://love4life.twentytwenty.org.uk)

Young Carers- Providing additional support for students who are supporting parents/guardians at home with physical/mental health needs and may not have access a normal young person's lifestyle.

[Young Carers Referral Forms\Young Carers Referral form.doc](#)

Catharsis

Catharsis is committed to providing therapeutic services that are tailored to the needs of a diverse range of clients. Our skilled therapists have a versatile approach to creative psychotherapy, which allows full engagement at all levels. The core of Catharsis community work is geared towards delivering the Arts Therapies to hard-to-reach groups and individuals within schools and other institutions that care for socially excluded individuals.

Care and education CIC offers a holistic mentoring project called 'WIN-WIN Mentoring' that addresses the risk and needs of young people and adults from the ages of 8 years and upwards focusing on prevention and diversionary resilience, away from anti-social behaviour and crime. The WIN-WIN Mentoring Project is: One-to-one / Group activities Solution focused / Outcome based Seminar facilitators, recreational team building activities. Media, Business & Young Persons Entrepreneurship, Education and Academic Development, Cybercrime / Bullying, Community & Citizenship

<https://catharsis.biz/>

Inspirative Arts

Arts psychotherapy (drama, art, music or dance and movement therapies) for people who are experiencing trauma.

Arts based psychotherapies use non-verbal, verbal and creative means of expression and exploration. Our therapists tailor techniques to enable each client to explore their issues. This might include drama, art, music and movement – whichever is most appropriate for you.

<https://www.inspirativearts.co.uk/>

First steps eating disorders

For children and their families, young people, and adults affected by eating difficulties and disorders

Our founding principles are based on the experiences of individuals who have had, are still living with, and have recovered from eating disorders and general mental health conditions.

<https://firststepsed.co.uk/>

Being Me

We are passionate about supporting students & teachers with their mental health and wellbeing. Importantly, we offer practical and evidence-based strategies to help individuals feel empowered and in control when life gets tough.

Improving the life chances of students in Derby.

<https://www.beingmeuk.com/>

Home start

Home-Start Derby is the leading family support charity in Derby. We offer early intervention and support to vulnerable parents. We help parents gain the skills and confidence to ensure their children get the best possible in life and achieve their full potential. Home-Start Derby support families in and around Derby and Amber Valley that have at least one child under five.

<https://www.home-start.org.uk/>

Relate

Children and Young People's Counselling is for any young person who is having problems. Whether it is depression and mental health concerns or issues with parents or people at school.

<https://www.relate.org.uk/>

Behavioural – Crime, violence & antisocial behaviour

Enthusiasm- Wide range of support with behavioural issues

<https://enthusiasm.org.uk/about-us/derby>

Prison Me No Way – [The No Way Trust – Providing workshops into prison life](#)
(pmnw.co.uk)

Project Zao – Knife Crime

[Project Zao | Derbyshire Constabulary](#)

Refuge – or women and children at risk of Domestic Violence.

[Support in the community - Refuge Charity - Domestic Violence Help](#)

Improving the life chances of students in Derby.

Safe and Sound – Support for children at risk of exploitation.

[WHAT WE DO - SAFE AND SOUND \(safeandsoundgroup.org.uk\)](http://safeandsoundgroup.org.uk)

Safer Living Foundation – Their young People's Projects work with young people (aged 12-18) of all genders who have shown harmful sexual behaviour.

[Young People's Projects | Safer Living Foundation](#)

Think for the Future – Behaviour and Resilience Mentoring –

[Behaviour & Resilience Mentoring | Think for the Future](#)

This is Derby - engaging young people who are at risk of becoming criminalised or are from low income families. We have a range of different activities available and we can run different sessions that vary based on the interests of the young people and what we think will engage the young people have the best retention.

<https://ymcaderbyshire.org.uk/thisisderby/>

YES, Fire Service Youth Engagement Service - YES! Compact courses are targeted at young people aged 13-16 years who may have low self-esteem, be at risk of exclusion, disengaged with education, or may be young carers.

[Youth Engagement Scheme \(YES!\) :: Derbyshire Fire and Rescue Service \(derbys-fire.gov.uk\)](http://derbys-fire.gov.uk)

Zebrared – The various Zebrared Projects take the approach of trying to prevent young people starting on a path of bullying, hatred, violence and extreme violence.

<https://zebraredproject.wordpress.com/about/>

Youth Offending Team - Derby YOS has a targeted approach to work with the 'most at risk' vulnerable young people in the City who are at risk of offending or becoming involved in anti-social behaviour.

[Preventative services - young children | Derby City Council](#)

Remedi UK

We support victims of crime and young people affected by domestic abuse

Improving the life chances of students in Derby.

We provide restorative services and support as a means of addressing conflict in any setting – criminal justice, social care, schools and the workplace.

<http://www.remediuk.org/>

The Enthusiasm Trust

Offer one to one support, family support and youth work for those in deprived areas and or at risk of crime.

<https://enthusiasm.org.uk/>

Physical Health

Breakout - Breakout is a specialist young person's service covering South Derbyshire and City. They provide care, planned treatment and advice to people under 18 on any aspect of drug or alcohol misuse.

[Breakout | FRANK \(talktofrank.com\)](#)

Chat Health- Text messaging service so that both young people, parents and carers living in Derby City can get confidential health advice and support-

<https://www.derbyshirehealthcareft.nhs.uk/about-us/latest-news/text-messaging-advice-service-launched-derbys-young-people-and-parents>

Karma Nirvana - Karma Nirvana is an award-winning National charity supporting victims of honour-based abuse and forced marriage. Honour crimes are not determined by age, faith, gender or sexuality, we support and work with all victims.

[Who we are – Karma Nirvana](#)

Livewell- Helping to support a healthier lifestyle –

<https://www.livewellderby.co.uk/>

Ripplez - Since 2011 Ripplez has worked alongside a diverse range of families in multiple communities to deliver services designed to ensure safe, secure and stable homes for babies and their young parents.

Improving the life chances of students in Derby.

[Social value | Ripplez Community Interest Company](#)

School Nurse- Can support with general health matters

<http://www.derbyshireschoolnurses.org.uk/professionals>

Sleep Hygiene- Obtaining healthy sleep is important for both physical and mental health. It can also improve productivity and overall quality of life. Everyone, from children to older adults, can benefit from practicing good sleep habits. Sleep hygiene is a variety of different practices and habits that are necessary to have good night-time sleep quality and full daytime alertness.

<https://www.sleepfoundation.org/sleep-hygiene>

[30 Day Sleep Plan - The Sleep Council](#)

Your Sexual Health matters- Support with sexual health

https://www.yoursexualhealthmatters.org.uk/clinic-finder/list-of-all-clinics/london_road_community_hospital/

Ripplez (with Catch 22)

Ripplez was established in Derby City in 2011 and now delivers a range of early intervention Family Nursing Services, including Family Nursing Partnership (FNP), Family First (FF), Derby Community Parent Programme (DCPP) and PAUSE.

<https://www.ripplez.co.uk/>

Cognitive

Academy21 – When you need to build a bespoke programme of study for a challenging/disaffected pupil.

[Online Alternative Provision | Online Alternative Education | Academy21](#)

Ed Lounge – When you need to build a bespoke programme of study for a challenging/disaffected pupil.

[About Us | Apprenticeships and Adult Learning | EDLounge](#)

Improving the life chances of students in Derby.

New Communities Achievement Team – Supporting children who arrive in Derby unable to speak English and without knowledge of the British education system.

[New Communities Achievement Team - Schools' Information Portal \(derby.gov.uk\)](#)

Tutor Hunt – When you need to build a bespoke programme of study for a challenging/disaffected pupil.

[Tutor Hunt - Private Tutors & Personal Tutors For Home Tuition](#)

YIPIYAP – For when you need to build a bespoke programme of study for a challenging/disaffected pupil. YIPIYAP engages gap year students whose academic ability, interpersonal skills, enthusiasm and aspirations means they can support primary and secondary pupils who require extra help in Maths, English and Science.

[Yipiyap | The UK's leading provider of in-school support](#)

Miscellaneous support

Derby Virtual School - Derby Virtual School is a service provided by a team of dedicated professionals to co-ordinate the educational needs of children in care and children previously in care.

[About Derby Virtual School | Derby City Council](#)

Hadhari Nari - The Hadhari Nari project consists of a women's advice and information centre which acts as the main referral point for all women seeking refuge. It offers temporary secure accommodation in the form of two women's refuges. The advice and information centre offers counselling, support, pregnancy testing, outreach aftercare, self-help group legal and health surgeries.

[Hadhari Nari Women's Project on Community Directory Derbyshire](#)

Tegan Paradise

Providing support for Families who have preschool children with Special Needs. Our aim is to provide a safe, friendly environment where families can meet to chat, make friends and support one another

<http://www.tegansbutterflies.org/>

Aspire Wrestling

Their primary objective is to use Wrestling as a means of reaching people from across the Community and engaging them in various roles in an effort to help those people to grow in confidence and to realise their own potential both in life and within our community.

<https://www.activederbyshire.org.uk/directory/aspire-wrestling-alliance-ltd>

TOGS

Togs providing a clothing bank and service for up to 16 year olds.

<https://www.stpetersderby.org.uk/project/togs-clothing-bank/>

Ingeus

Ingeus helps to create strong societies in which citizens have the independence, knowledge and know-how to thrive.

Ingeus is commissioned by national, devolved and local government to support their efforts to build strong societies. We also work with commercial employers to support their workforce development and recruitment.

<https://ingeus.com/uk>

Alternative Providers Derby & Beyond

Derbyshire Alternative Provision Directory (Contact Janine Dix – AP Manager)

Below is a link to the Derbyshire Directory. There is some crossover with Derby City but also some additions that maybe near enough for you to tap into.

<https://www.derbyshire.gov.uk/site-elements/documents/pdf/education/derbyshires-alternative-provision-directory.pdf>

Junction 16 (Contact Vicky Grainger – AP Manager)

The following is a link to the providers you can access through Junction 16. All of these providers have gone through a procurement process to ensure compliance. You would still be responsible for quality assuring the provision.

<http://www.kingsmead.derby.sch.uk/wp-content/uploads/2020/08/Full-List-of-DPS-providers.pdf>

You can, if you wish deal directly with each provider, but the responsibility for ensuring appropriate compliance as well as quality assurance would then fall to the school.

Improving the life chances of students in Derby.

Nottingham City Council – approved provider list

Below for Nottingham, again some crossover and again some close enough for your school.

<http://www.apnottingham.org.uk/list-of-providers/>

Staffordshire Connects

Below is a link to the Staffordshire offer, some provision in Burton on Trent which may be possible from school.

<https://www.staffordshireconnects.info/kb5/staffordshire/directory/results.page?localofferchannel=2-1-5>

St James Centre

St James is the community base for Derby College, where English, Maths and computer courses are run from. Derwent Stepping Stones run a crèche and nursery from our premises. If you are a young person with a disability or their parent or carer, speak to one of the friendly, caring Fun-abil8y staff to see how many exciting clubs, activities and trips you might like to go on! Go on live life to the MAX!

<http://www.stjamescentrederby.co.uk/>

Derby Theatre

The theatre has a mentoring programme for young people alongside their work with children and young people in care. They support youth voice work within partnership with other organisations. They provide arts and creative projects across the city.

<https://www.derbytheatre.co.uk/news/call-out-creative-mentors-and-youth-voice-creative-practitioners-derbys-cultural-education-partnership>

Derby Quad

Each year we deliver more than 400 workshops and activities for children, young people and families, with over 6000 attendances. QUAD advocates for the arts to play a vital role in developing skills, knowledge and confidence, enabling diverse audiences and artists to respond to and influence the world around them with creativity and innovation. We have projects that work and support those most at risk.

<https://www.derbyquad.co.uk/whats-on/education/workshops-schools-and-colleges>

Open doors Forum

Working in partnership with parents, carers, young people, schools, community groups, training providers and employers to improve standards in education and raise aspiration within the African Caribbean community in order to achieve and succeed leading to employment and career development for individuals, who are disadvantaged in the labour market.

<https://opendoorsforum.org/>

Baby People

Baby People is a music and arts development organisation. The UK's first dedicated Hip Hop school which uses art and culture to engage and support the needs of the most deprived in our communities. We believe that art and music can be empowering tools and forms of expression for

<https://www.babypeople.co.uk/>