**A FREE CPD programme to support high quality food education in primary schools**

The British Nutrition Foundation’s Teaching Primary Food and Nutrition (TPFN) programme provides the knowledge and skills needed to deliver high quality food education in primary schools.

Training around how to teach food and nutrition in the classroom is limited. Therefore the TPFN programme is a great way for trainee, new and more experienced teachers to receive flexible and free food and nutrition training, to support them in delivering the primary school food curriculum.

**A group of people holding up signs

Description automatically generatedWhat is TPFN?**

The TPFN programme:

* is a free self-directed professional development programme, based on an audit of knowledge and skills;
* is suitable for primary school teachers, trainees and teaching assistants;
* builds practitioner confidence and competence in teaching food and nutrition;
* supports high quality food and nutrition lessons, and a whole school approach to food.

**Students at Edge Hill University with their TPFN folders**

**Why get involved in TPFN?**

* An opportunity to undertake valuable professional development at no cost
* A great way to gather evidence to support career progression
* Flexible - do as much or as little as you like, at times to suit you

**How does it work?**

Five easy steps!

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| --- | --- | --- | --- |
| **1. Audit** Complete a short audit based around eight areas of practice, including:   * Teaching the food curriculum * Running practical food lessons * Good food hygiene and safety * Healthy eating | **2. Plan** Write a development plan:   * What you hope to learn * What you will do * When you will do what * Whose support you will need * How you will know what you have achieved | | **3. Action**  Undertake planned activities and training, such as:   * Attending courses, or webinars * Reading articles or research * Observing colleagues * Trying new teaching resources or techniques |
| **4. Reflect**  Consider what you’ve done and how it will help in your teaching | | **5. Record** Keep a record of the professional development you undertake and celebrate your successes! | |

Register as soon as possible to be guaranteed a free TPFN portfolio!The portfolio (folder and booklet) offers a place to gather everything needed to plan, implement and evidence your CPD.

****What people have said about TPFN**

*Absolutely loving having a training programme such as this, it is so useful for effective teaching and learning and for assessing pupils.*   
**Registered TPFN member**

*The TPFN programme will be really useful for helping us to work towards our Healthy Schools Award.*   
**Registered TPFN teacher**

*Some really useful tips that will enhance current practice immensely.***Running practical food activities webinar attendee**

A qr code on a colorful background

Description automatically generated**Register for TPFN now!**

Scan the QR code or follow this link: <https://forms.office.com/e/1G1yZs8HH2>

Do you have any questions about the TPFN programme?

To find out more about the TPFN programme and how it can support excellent food and nutrition teaching, take a look at this presentation: <https://www.foodafactoflife.org.uk/media/hpuggz5u/tpfn-intro-april-24.pptx> or email your questions to [education@nutrition.org.uk](mailto:education@nutrition.org.uk)