Festival of at Derby Arena

5th-10th **AUGUST** 2024 **9ΔM-4PM** FREE

Six days of free inclusive sporting activities for all young people aged 8 and over:



Feel like an Olympian/Paralympian!

Try out a wide range of sports



Learn Healthy habits





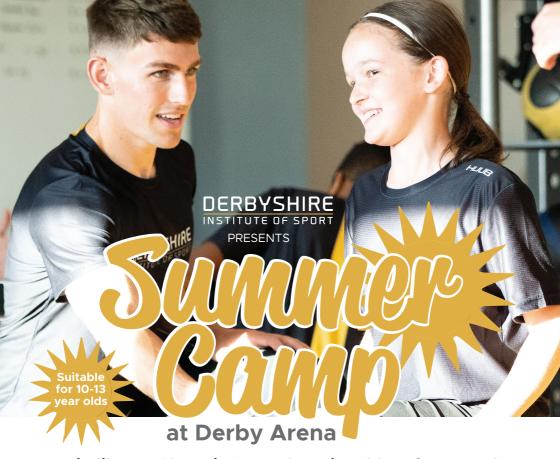
info@derbyshireis.co.uk

IN PARTNERSHIP WITH









Train like an Olympic & Paralympic athlete for a week.

Experience elite **Strength and Conditioning** sessions, performance **Psychology & Nutrition** education and try different sports **every day!**

WHEN?

Each day 10am-3pm

Choose from:

Wk 1: 29th July – 2nd Aug **Wk 2:** 12th Aug – 16th Aug **Wk 3:** 26th Aug – 30th Aug

HOW MUCH?

1, 2 or 3 days: **£30 per day**

4 or 5 days: £25 per day



TO BOOK:

Scan the code, call 01332 418668 or email info@derbyshireis.co.uk