

Festival of **SPORT**

at Derby Arena

5th-10th
AUGUST
2024

9AM-4PM

FREE

Six days of free inclusive sporting activities for all young people aged 8 and over:



Feel like an Olympian/Paralympian!



Try out a wide range of sports



Learn Healthy habits



Virtual reality experience.



TO BOOK:

Scan the code or email
info@derbyshireis.co.uk

IN PARTNERSHIP WITH

DERBYSHIRE
INSTITUTE OF SPORT



Derby City Council



Department
for Education

DERBY ARENA, ROYAL WAY, PRIDE PARK, DERBY DE24 8JB



DERBYSHIRE
INSTITUTE OF SPORT
PRESENTS

Summer Camp

Suitable
for 10-13
year olds

at Derby Arena

Train like an Olympic & Paralympic athlete for a week.

Experience elite **Strength and Conditioning** sessions, performance **Psychology & Nutrition** education and try different sports **every day!**

WHEN?

Each day 10am-3pm

Choose from:

Wk 1: 29th July – 2nd Aug

Wk 2: 12th Aug – 16th Aug

Wk 3: 26th Aug – 30th Aug

HOW MUCH?

1, 2 or 3 days:

£30 per day

4 or 5 days:

£25 per day



TO BOOK:

Scan the code, call 01332 418668
or email info@derbyshireis.co.uk