**Process for Healthy Schools**

**2. Healthy Schools Enhancement Model (takes approx 2-3 years)**

Throughout this process schools can regularly attend ½ termly Healthy Schools Network meetings to gain the support needed to complete the Whole School Review and Enhancement Model. You can access the support of your supported via telephone or email. Once completed it you will receive a certificate.

Start the Healthy Schools Enhancement Model...

**Plan – needs analysis**

Establish a Health and Wellbeing Task Group in school.

Complete the Healthy Schools on line survey at [www.healthyschoolsurvey.co.uk](http://www.healthyschoolsurvey.co.uk)

(Email [julia.mitton@derby.gov.uk](mailto:julia.mitton@derby.gov.uk) for login details and user guide).

Look at the local health related data (Healthy Schools data pack) and school data such as free school meals, meal take-up, bullying incidences, etc. (see the school partner website for your school contextual data – ask your Headteacher for this).

**Plan – select priority (ies)** e.g. Oral Health, obesity, sexual health, childhood accidents, smoking, sun safety, emotional health, etc. based on your school needs analysis.

**Plan – write outcomes and milestones** using the Blank Planning our Change sheet and Example Planning our Change sheets. Send completed sheet to [julia.mitton@derby.gov.uk](mailto:julia.mitton@derby.gov.uk) for comment from the team.

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**Plan - identify activities and interventions** using the new Action Planning and Example Interventions List to help you plan how you are going to achieve your outcomes and milestones. Send your completed action plan to [julia.mitton@derby.gov.uk](mailto:julia.mitton@derby.gov.uk) for feedback.

**Review - review your priority**, have the outcomes been reached? Write your School Story using the template and send to [julia.mitton@derby.gov.uk](mailto:julia.mitton@derby.gov.uk)

**Do - implement activities** and interventions and monitor progress.

**Review -** do the Healthy Schools online survey again.

**Key Resources to help you:**

Action Planning Tool (MS word)

Planning our Change – blank template (MS word)

School Story – blank template (MS word)