

Manual Handling Refresher Course Information

Who should attend?

If there is a child/young person in your setting with a physical disability who requires Manual Handling, staff supporting that child will need to be certified in Manual Handling.

This course is for staff who have completed the Manual Handling Full Days Training by the STePS Physical Disability Team and are due their Refresher Course.

(Manual handling training is valid for 2 years and after that delegates need to complete a refresher course every year).

About the course

This course is split into 2 parts.

Part 1 – Theory Elements at Kedleston Road Training Centre

This course will refresh delegates on the following theory elements:

- Legal Requirements.
- Importance of Safe Load Management.
- Spinal Awareness.
- Muscular-Skeletal Injury.
- Looking after yourself.
- APPEE System of Safer Manual Handling.
- Base to Face Safety Checkpoints.
- Risk Assessments.

It also gives delegates the opportunity to share concerns or difficulties with their current manual handling practise.

Part 2 – Assessment of Practical Transfers in setting with the child they are supporting

The delegate will be assessed in one transfer being the lead carer.

Extra Information

Staff attending are required to be fit and well and have no existing medical conditions or injuries that could affect their ability or present a risk when performing Manual Handling.

Please ensure staff attending continue to be on the regular manual handling rota following training.

Cost

There is currently no charge for this training.

Venue and Timing

Kedleston Road Training Centre
Darley Abbey
Derby
DE22 1GT

Course starts at 9.30am and finishes at 12.00pm.

Cost

There is currently no charge for this training.

How to book

If your setting would like to book a place on the Manual Handling Refresher training session, please complete the booking form and return it to stepsadmin@derby.gov.uk

Steps admin will email you back to confirm the place.