## **Assisting and Moving Training - Full Day Course Information**

#### Who should attend?

If there is a child/young person in your setting with a physical disability who requires assisting and moving, staff supporting that child will need to be certified in Assisting and Moving Training. Assisting and moving may include transfers such as wheelchair to a plinth, floor to a class chair, walking frame to a trike and so on.

### About the course

On completion, delegates will feel confident to apply the theory and practical elements of the relevant handling techniques required to assist the young person they are supporting.

This course includes the following theory elements:

- Legal Requirements.
- Importance of Safe Load Management.
- Spinal Awareness.
- Muscular-Skeletal Injury.
- Looking after yourself.
- APPEE System of Safer Manual Handling.
- Base to Face Safety Checkpoints.
- Risk Assessments.
- Inclusion.
- Understanding Disability.

Delegates will have the opportunity to complete practical transfers that they are supporting within school.

#### **Extra Information**

Assisting and Moving Training is valid for two years and after that delegates need to complete a refresher course every year.

Staff attending are required to be fit and well and have no existing medical conditions or injuries that could affect their ability or present a risk when performing assisting and moving procedures.

Delegates will be required to wear loose comfortable clothing (trousers preferable) and flat closed toe shoes.

Please ensure staff chosen to attend will be on the regular assisting and moving rota following training.





### Cost

The cost of this training is £100 per delegate.

# **Venue and Timing**

Kedleston Road Training Centre Darley Abbey Derby DE22 1GT

Course starts at 9:30am and finishes at 4pm

You will be required to bring your own lunch.

## How to book

If your setting would like to book a place on the Assisting and Moving full day training session, please complete the booking form and return it to <a href="mailto:stepsadmin@derby.gov.uk">stepsadmin@derby.gov.uk</a>

Steps admin will email you back to confirm the place.



