

Personal
Passport

NAME OF CHILD

PHOTO

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My name is...

In a personal passport we write it as though the child is talking –

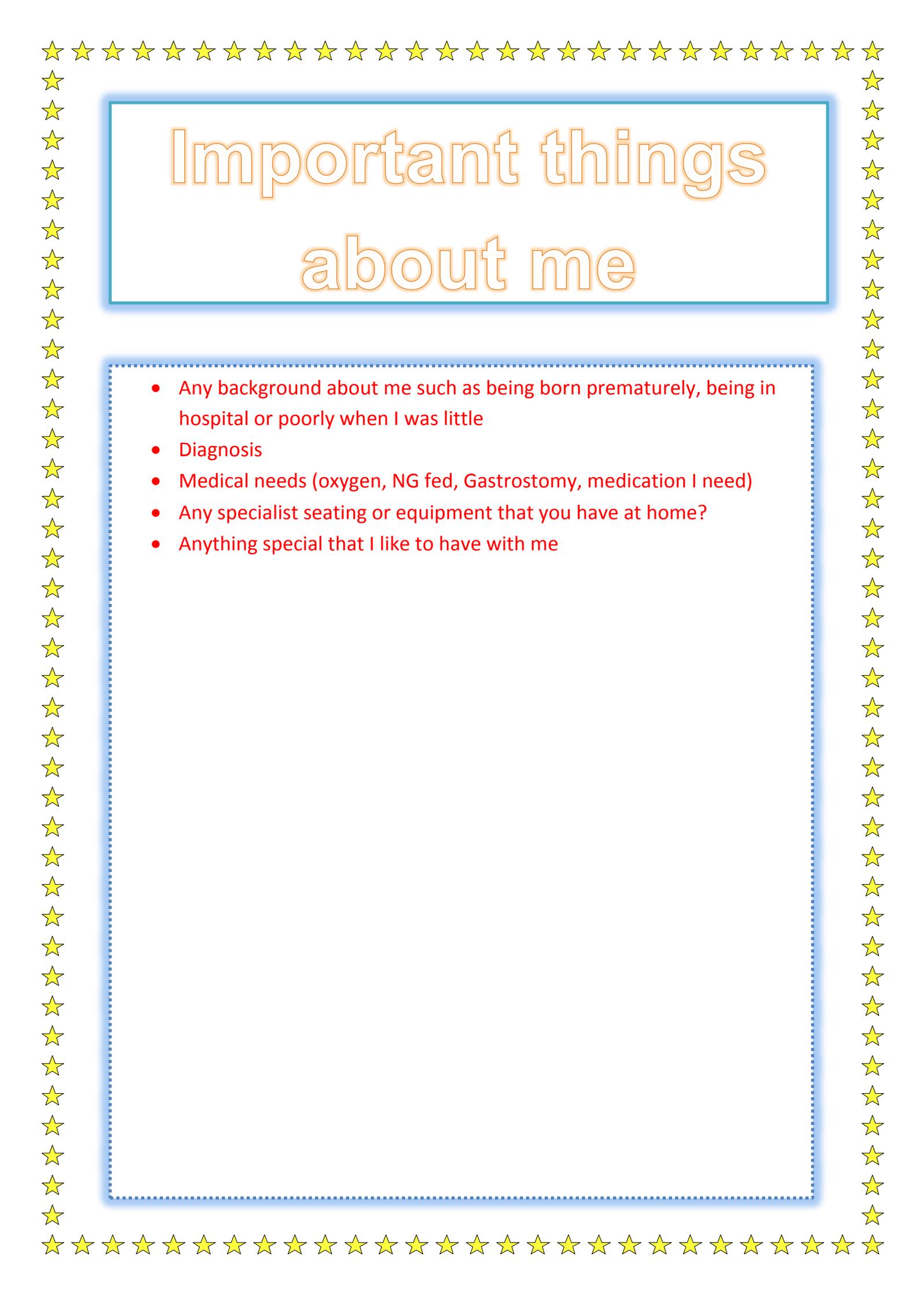
My name is Megan

I was born on.....

Wherever there is a space after writing on the pages we put lots of photos so people looking at the personal passport can see your child doing things

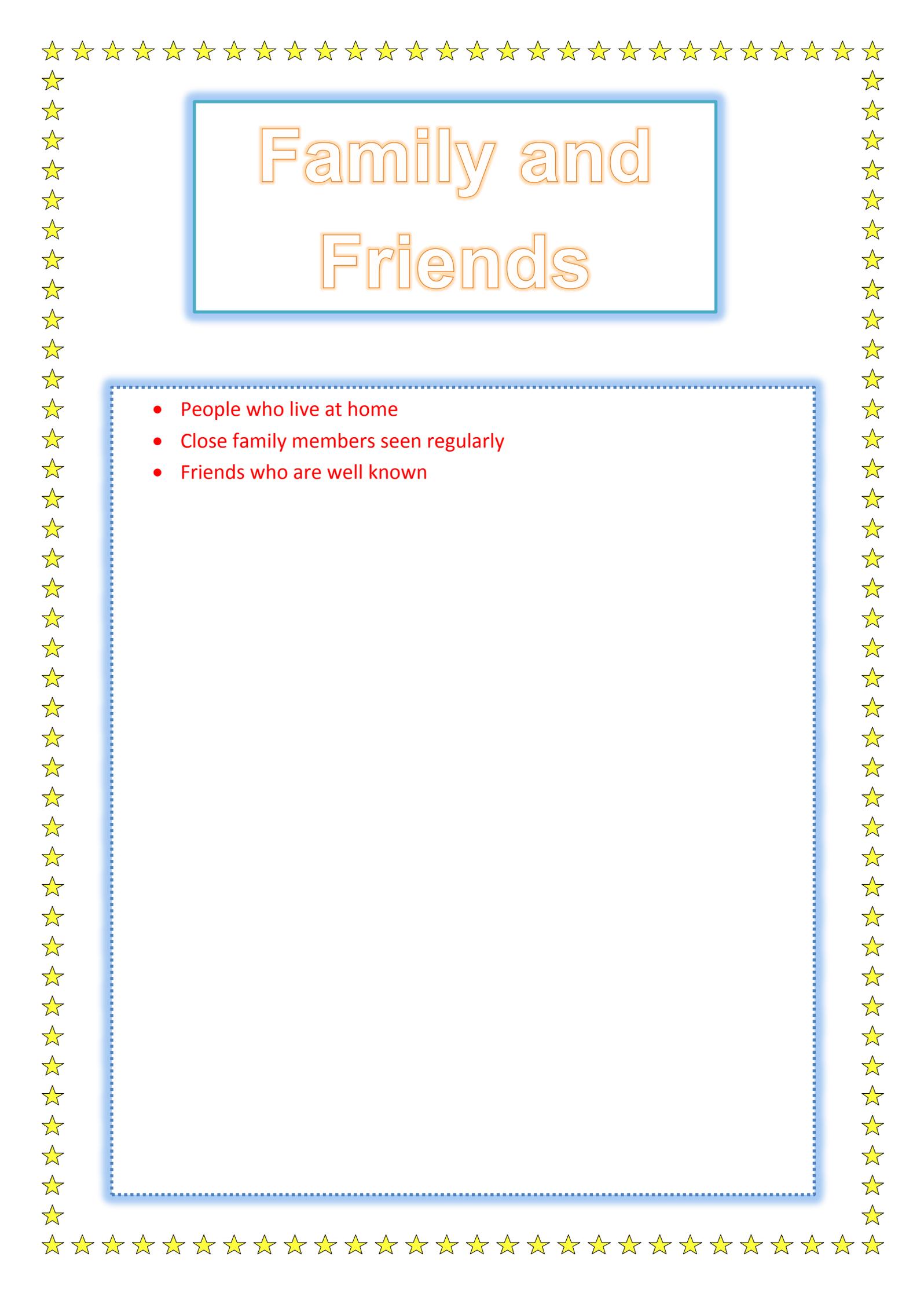
Just a few ideas are suggested on each page – you can add whatever is important to you and your family for others to know about your child

- Name
- Date of birth/birthday
- Address

A decorative border of yellow stars surrounds the entire page. The stars are arranged in a grid-like pattern, with a slightly larger star at the top center and bottom center.

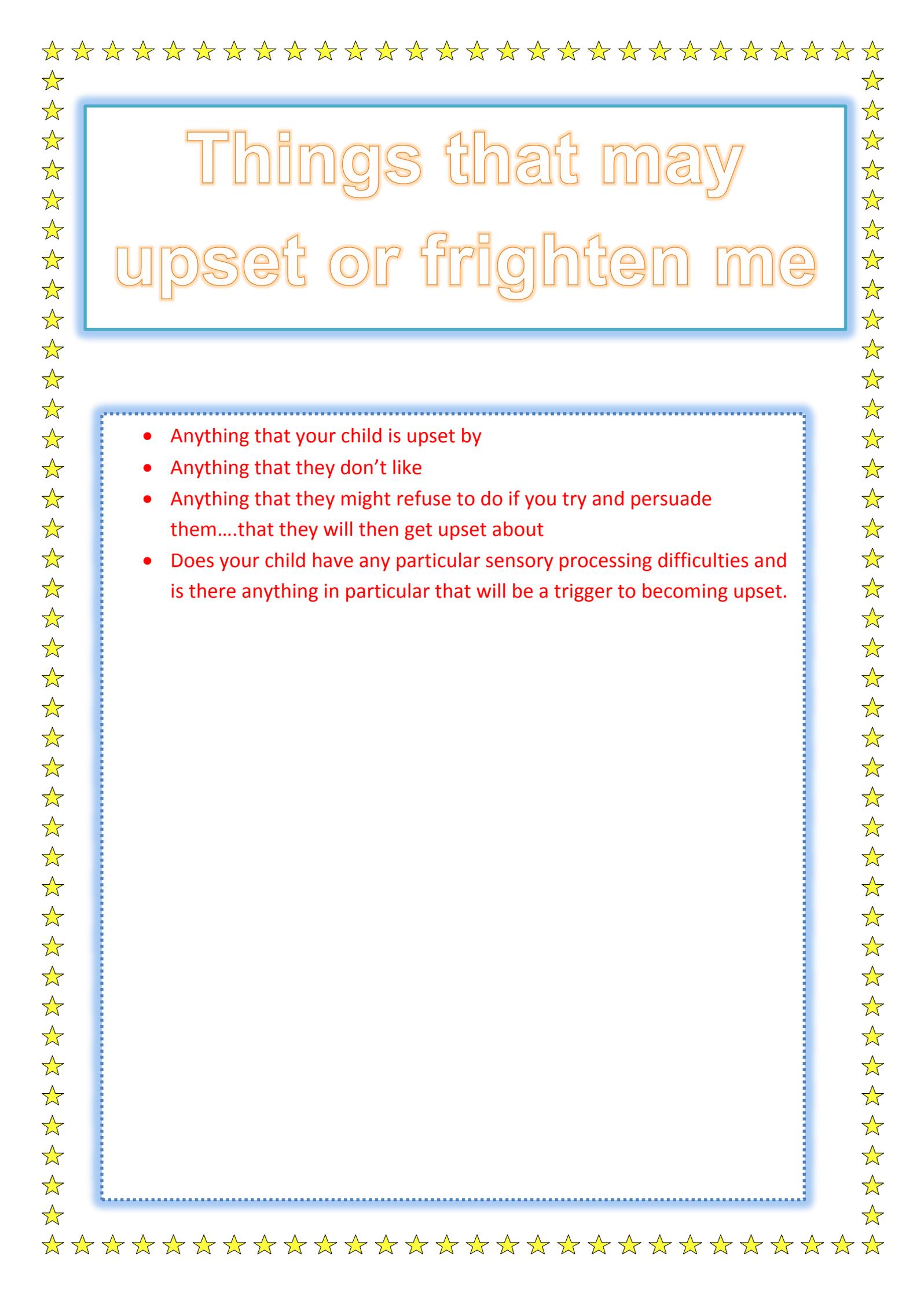
Important things about me

- Any background about me such as being born prematurely, being in hospital or poorly when I was little
- Diagnosis
- Medical needs (oxygen, NG fed, Gastrostomy, medication I need)
- Any specialist seating or equipment that you have at home?
- Anything special that I like to have with me



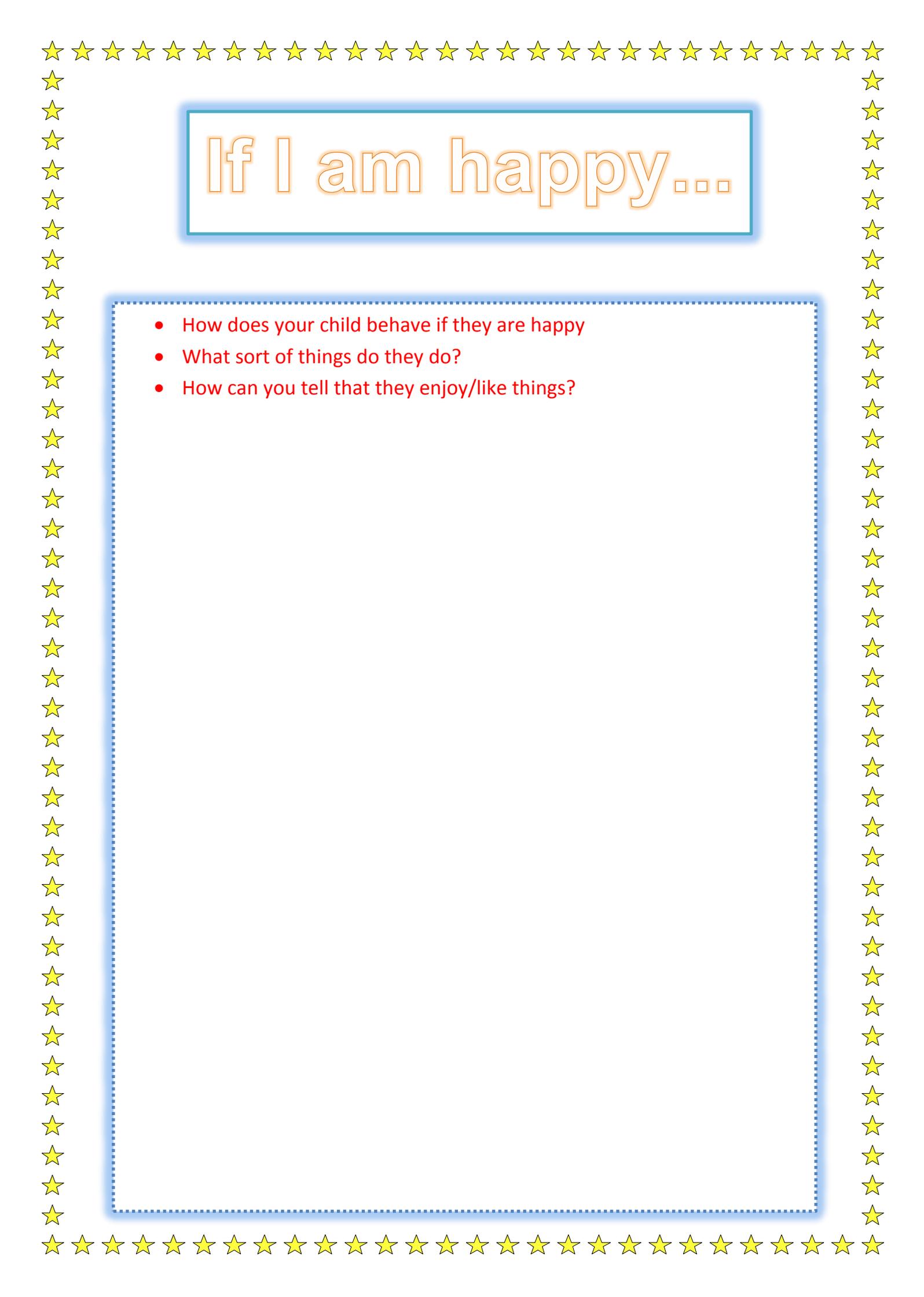
Family and Friends

- People who live at home
- Close family members seen regularly
- Friends who are well known



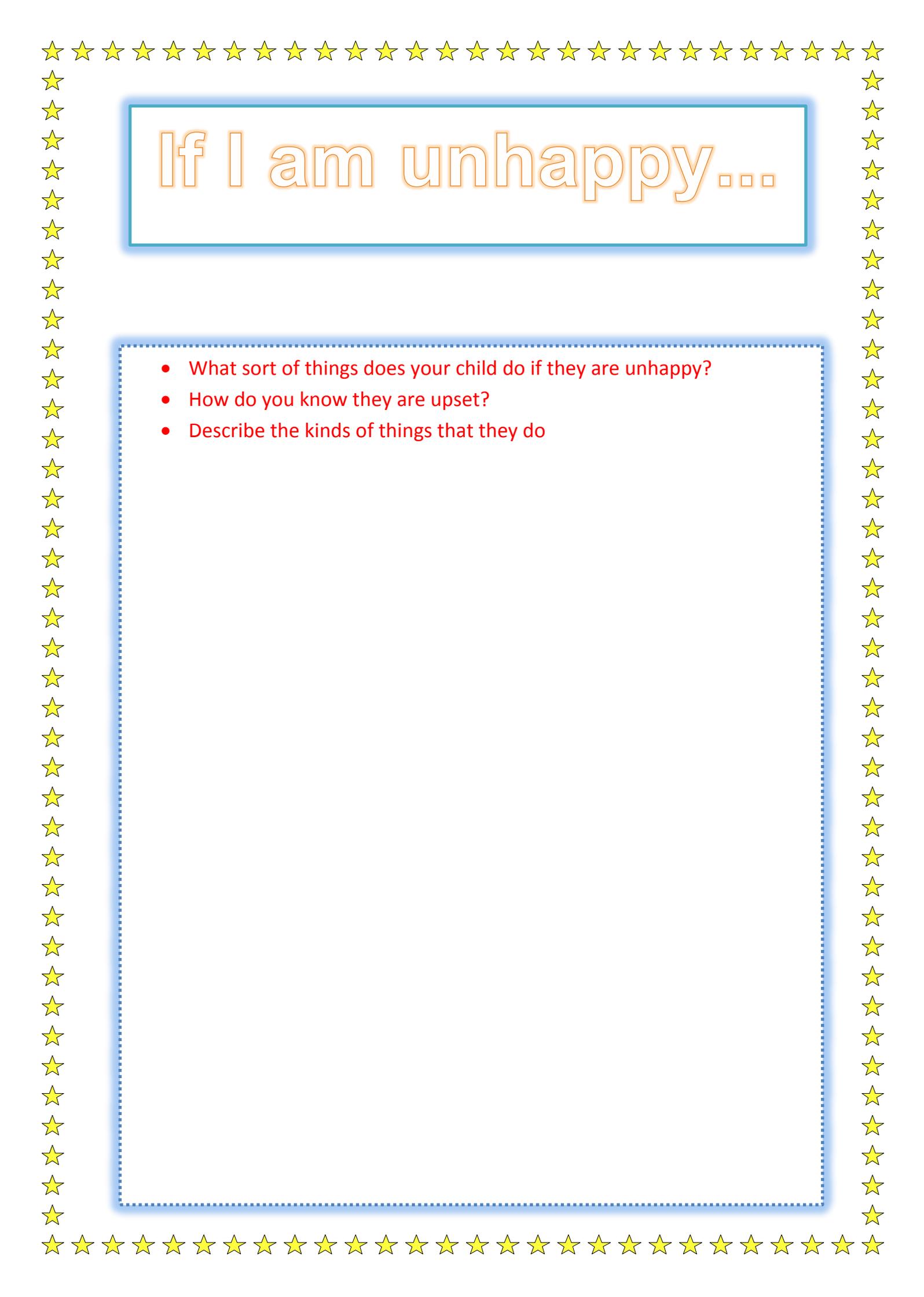
Things that may upset or frighten me

- Anything that your child is upset by
- Anything that they don't like
- Anything that they might refuse to do if you try and persuade them....that they will then get upset about
- Does your child have any particular sensory processing difficulties and is there anything in particular that will be a trigger to becoming upset.



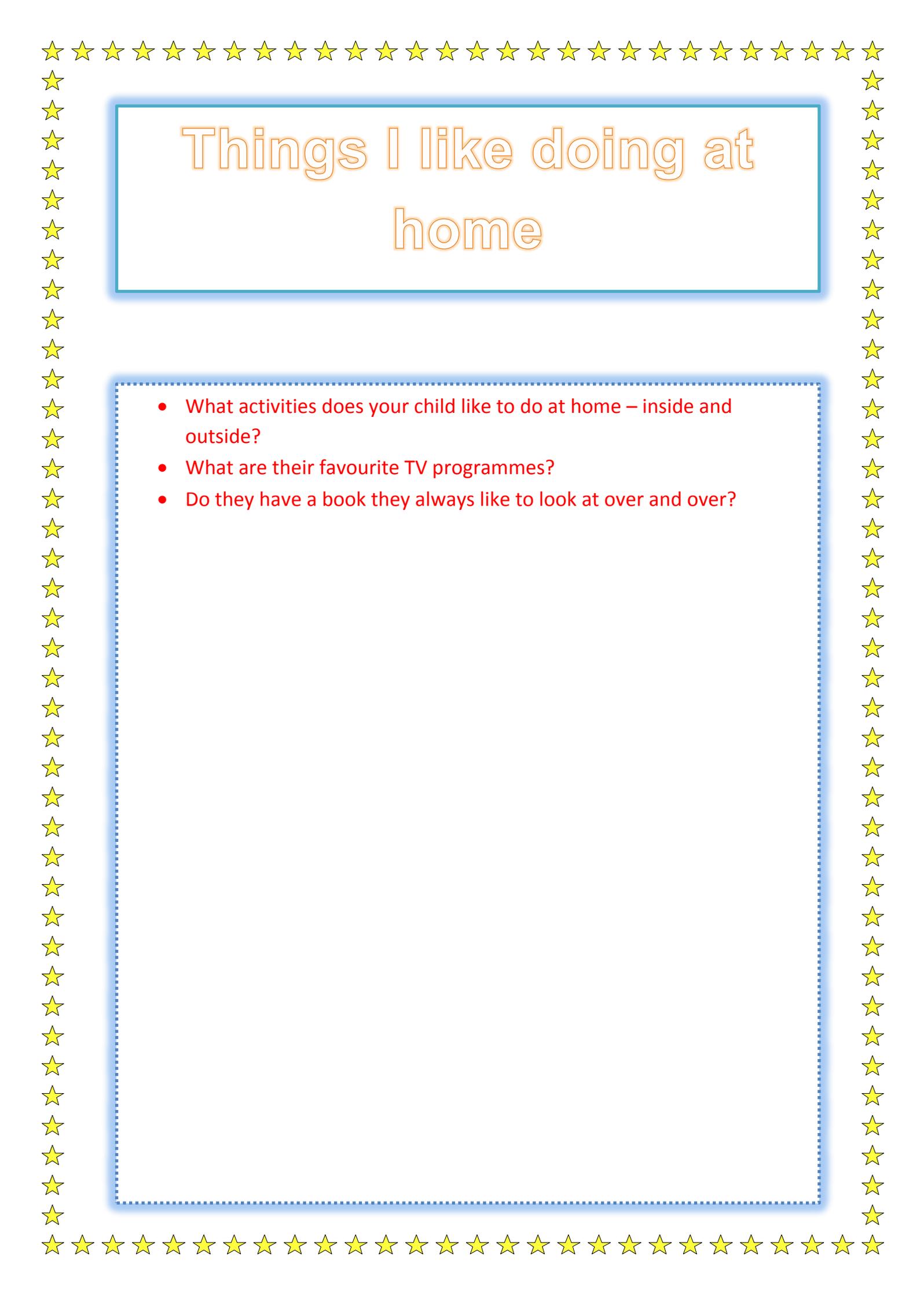
If I am happy...

- How does your child behave if they are happy
- What sort of things do they do?
- How can you tell that they enjoy/like things?



If I am unhappy...

- What sort of things does your child do if they are unhappy?
- How do you know they are upset?
- Describe the kinds of things that they do

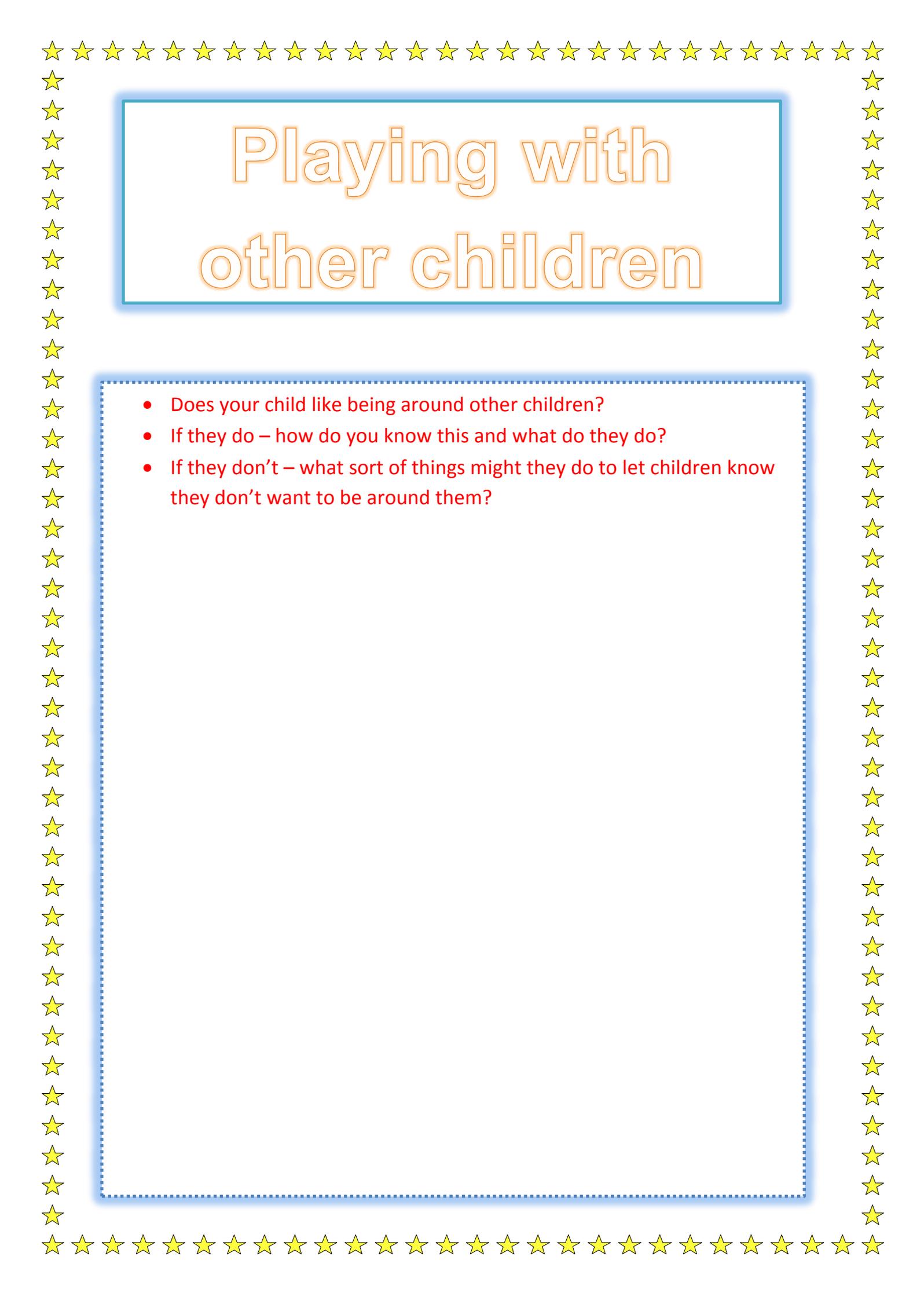


Things I like doing at home

- What activities does your child like to do at home – inside and outside?
- What are their favourite TV programmes?
- Do they have a book they always like to look at over and over?

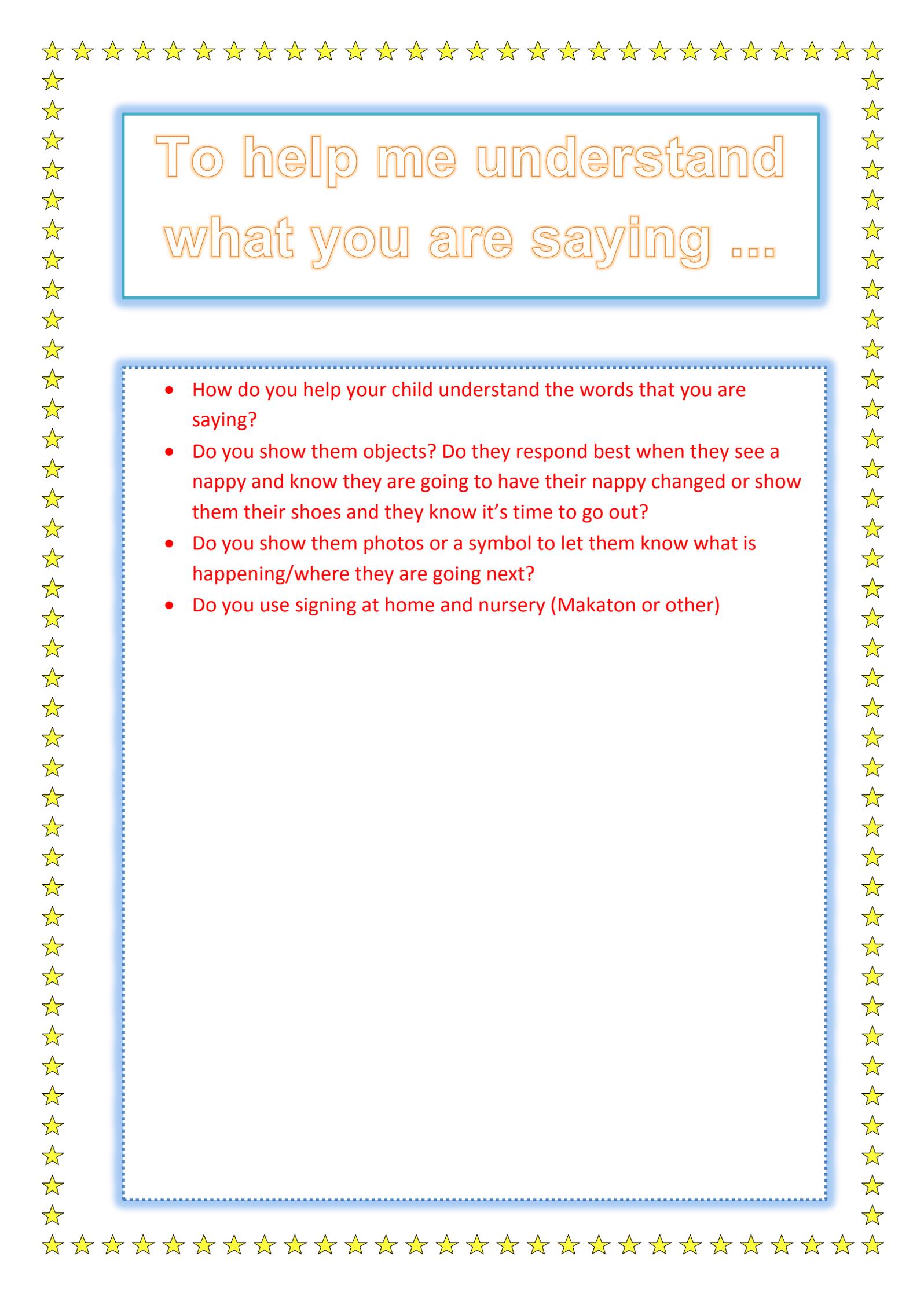
Places I like to go

- What sort of places does your child like to go to?
- Do they like the park? Swimming? Going out in the car? Riding their bike?
- Do they love going to particular friends/family? Why? What happens when they go there?



Playing with other children

- Does your child like being around other children?
- If they do – how do you know this and what do they do?
- If they don't – what sort of things might they do to let children know they don't want to be around them?

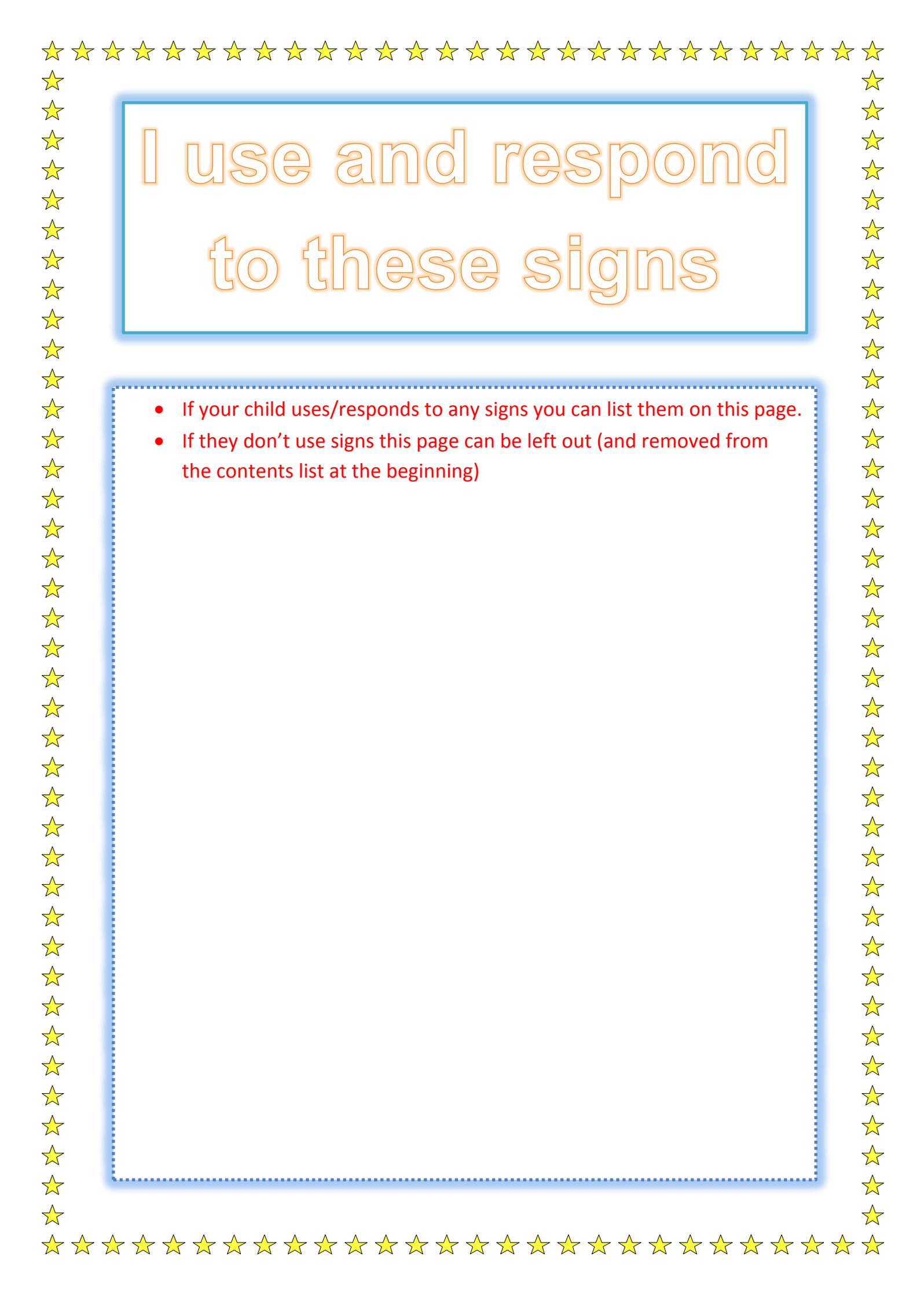


To help me understand what you are saying ...

- How do you help your child understand the words that you are saying?
- Do you show them objects? Do they respond best when they see a nappy and know they are going to have their nappy changed or show them their shoes and they know it's time to go out?
- Do you show them photos or a symbol to let them know what is happening/where they are going next?
- Do you use signing at home and nursery (Makaton or other)

Communicating

- How does your child let others know what they want
- Do they use any words? (if just a few maybe write down which ones they use)
- Do they pull people towards what they want?
- Do they point to what they want?
- Do they use any signs?
- Do they use PECS
- What language(s) do you use at home?



I use and respond to these signs

- If your child uses/responds to any signs you can list them on this page.
- If they don't use signs this page can be left out (and removed from the contents list at the beginning)

Foods I like to eat

- It can be useful to let people know what foods your child will eat, especially if they have a restricted diet
- Add in any food allergies if relevant
- It can also be good to let people know if there are foods that your child definitely DOESN'T like, especially if they will get upset if you try to offer it
- Do you have any foods in your family that are permitted or that are not allowed because of Religious or Cultural beliefs?

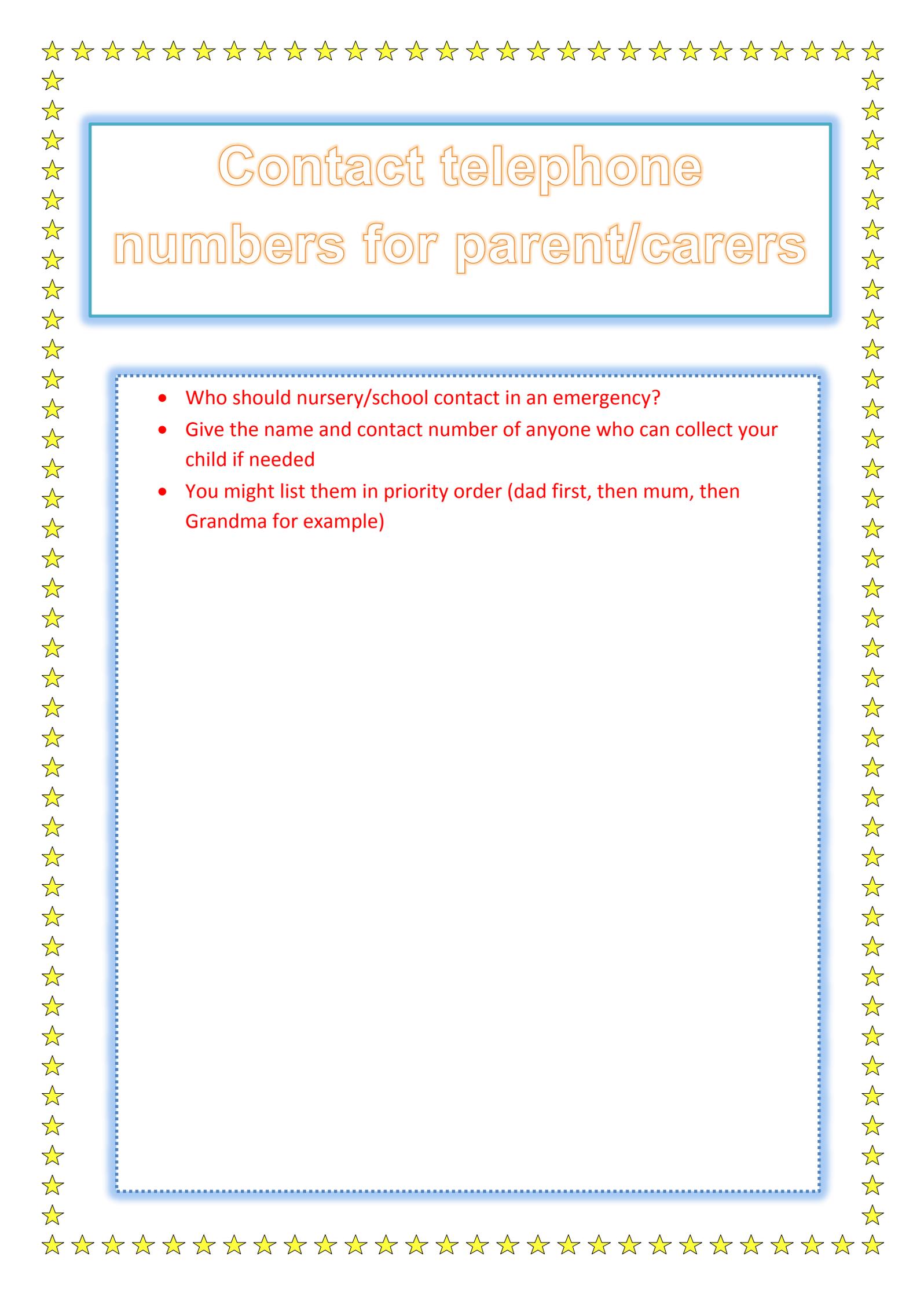
Learning to look after myself

- Can they wash hands themselves or with help?
- Do you clean their teeth for them or can they do it independently?
- How about getting dressed/undressed? Are there some things that they can do, such as take shoes off, but need help with others, such as pulling trousers up and down or getting their coat on?
- Does your child go to the toilet or are they still in nappies. Do they have a toileting plan? Do you use a potty or toilet at home?
- How do they manage with self-feeding? Can they use a spoon? Fork? Or do they use fingers to eat with?
- What do they drink from – a bottle, lidded beaker, sports bottle or open cup?



People who are helping me at the moment

- List all of the people who are involved with helping your child (and contact numbers if you have them please)



Contact telephone numbers for parent/carers

- Who should nursery/school contact in an emergency?
- Give the name and contact number of anyone who can collect your child if needed
- You might list them in priority order (dad first, then mum, then Grandma for example)