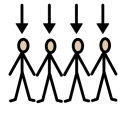
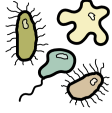


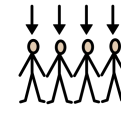
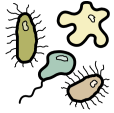
My COVID test in school



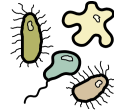
When I go to school, to keep everyone safe I may need to



have a COVID test.



The COVID test is to keep my school and everyone safe.



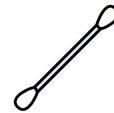
If I have a COVID test I will:

1



1, Sanitise my hands, blow my nose, then sanitise my hands again.

2



2, Open the swab, touching the plastic part of the swab, not



the soft part of the swab.

3



3, Look in the mirror and open my mouth wide.

4

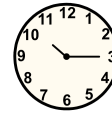


4x



4, Rub the swab 4 times at the back of my throat.

5



5, Rub the swab inside my nostril for 10-15 seconds.

6



6, Place the swab inside the tube. Then my test is finished.



If I feel worried or anxious it is ok. A safe adult will be



with me to keep me calm.



This is ok.

