**Derby City Primary Intervention Catalogue**

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| **Classroom Strategies**  |
| 1. Visual timetable
2. Consistent rules and routines
3. Praise and celebrate success
4. Reward chart
5. 121 time with a trusted adult
6. Choose board / box
7. Count down spots
8. Calming box
9. Analysis of triggers – action plan to reduce and remove triggers
10. Personalised timetable
11. SEND Graduated Response
12. PSHE Support
13. Pupil Premium enrichment strategies
14. Work closely with parents
15. Breakfast Club
16. Timely handover in the mornings
17. Behaviour plan, regularly reviewed with parents and child
18. In class support
19. Safe space access
20. Group changes / place changes in the classroom
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| **City Based ‘Good Practise’** |
| **ACE Friendly Schools**  *"Why is the child crying?" A case for change and our journey to developing an ACE aware, trauma informed school and community.***De-escalation Strategies** * *The role of the behaviour policy*
* *Re-cap on the meaning of the ‘function’ of behaviour*
* *Consistency of adult behaviour*
* *The importance of building positive relationships (teams of key adults around high profile pupils)*
* *Key Language (verbal and gestural)*
* *Awareness of shame*
* *Equality versus Equity*

**The Thrive Approach***An overview of what the Thrive Approach is and why settings invest in it. We will visit some of the theory and psychology as well as give practical examples of how we have begun to implement this in our school (through some challenging times!). It will give you an opportunity to reflect if the Thrive Approach could work for the children in your school too as well as consider the logistics around it.***Restorative Approaches** * *Whole school approach*
* *When and who*
* *Timing and blank level questioning*
* *5 key questions*
* *Consistency*
* *Positive relationships (meaningful)*
* *Fresh start language (especially for ASD pupils)*

**Restorative Conversations** *An introduction to the 'Ego State' and developing children’s understanding of how behaviour patterns relate to our own and other's feelings. It will support practitioners to establish an 'Ego State' and provide practical strategies to support with them restorative conversations.***Supporting children who find it difficult to communicate** *Strategies and resources to support quality first teaching that will provide a platform for children with communication difficulties to engage and participate both within the classroom and school community.***Boxall Profile – an assessment tool** *How Boxall Profile can be used to measure the different aspects of young people’s cognitive, social and emotional development that influence how well they are able to learn and function in the classroom.**Sitting alongside this is a diagnostic profile which measures challenging behaviours that prevent successful social and academic performance.* *These can be resolved once social and emotional needs are identified and the necessary skills are developed.***Lego Therapy** *The theory and principles of Lego Therapy.  It will guide you on how to plan, prepare, set up and run Lego-based Therapy sessions/intervention in your own setting.* *Lego Therapy was originally developed for children with autism but brick building has been and continues to be used therapeutically with children with other social skill difficulties and communication difficulties. It promotes development of key communication skills, including attention and listening, vocabulary and concept development, sharing, collaboration, describing and explaining, turn taking, problem solving and conflict resolution.* **The Benefits of Interventions** *How to monitor progress and recognising when children and young people need an alternative intervention or outside agency support.***Newton’s Walk PRU** *Provide education for pupils who have been excluded from primary school and offer a range of specialist behaviour support to schools across the city***Junction 16** Junction 16 offer a range of part-time mentoring and therapeutic provision for primary age children. Please contact Vicki Grainger or Ellen Wilkinson for more details.Vicki Grainger v.grainger@kingsmead.derby.sch.uk Ellen Wilkinson Ellen.Wilkinson@derby.gov.uk Please visit [List-of-Ad-Hoc-services.pdf (kingsmead.derby.sch.uk)](http://www.kingsmead.derby.sch.uk/wp-content/uploads/2020/10/List-of-Ad-Hoc-services.pdf) to view possible provisions available for children and young people.  |

**External Providers**

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| **Mental Health & Well Being** |
| **KOOTH** Free, safe and anonymous online support for children and young people in years 5 and 6.[Website](http://www.kooth.com)**Trent PTS** Free therapy which includes counselling and Cognitive Behaviour Therapy. The service provide treatment for: depression, anxiety, loss, grief, trauma, and many other conditions.[Website](http://www.trentpts.co.uk)01332 265 659[Self referral form | Trent Psychological Therapies Service | IAPT Portal](https://www.iaptportal.co.uk/ServiceUser/SelfReferralForm.aspx?sd=4926c68c-bd5e-4ee0-9004-d8ec9c3bf449)**First Steps ED (Mental Health & Eating Disorders)** For children and their families affected by eating difficulties and disorders.At First Steps ED, we provide non-clinical early intervention and prevention services that complement the NHS and Public Health in the community.[Website](http://www.firststepsed.co.uk)[Referral - First Steps ED](https://firststepsed.co.uk/make-a-referral/) **CAMHS Rise**A rapid response service for GPs and others in primary care to ensure the best possible support for young people who have seriously self-harmed or are having suicidal thoughts and are admitted to the Royal Derby Hospital.[Website](https://www.derbyshirehealthcareft.nhs.uk/services/childrens-mental-health-services-camhs-derby-and-southern-derbyshire/im-professional/camhs-rise)0300 123 3124**Chat health** A secure and confidential text messaging service for parents and young people. It allows you to easily get in touch with a healthcare professional for advice and support.[Website](https://www.derbyshirehealthcareft.nhs.uk/about-us/latest-news/text-messaging-advice-service-launched-derbys-young-people-and-parents)Young people in Derby city aged 11 to 19 can text **07507 327104**Parents and carers of Derby children aged 0 to 19 can text **07507 327754****Think Ninja (year 5 & 6)**A mental health app designed for 10 to 18 year olds. Using a variety of content and tools, it allows young people to learn about mental health and emotional wellbeing and develop skills they can use to build resilience and stay well.[Website](https://www.nhs.uk/apps-library/thinkninja/)**Specialist Community Advisors (SCAs)**SCAs are a team of qualified professionals who are all experienced in working within child and adolescent mental health. Our aims are to enable and empower you to develop skills and confidence in helping young people manage and improve their own mental health, and helping you identify and offer effective initial support.[Website](https://www.derbyshirehealthcareft.nhs.uk/services/childrens-mental-health-services-camhs-derby-and-southern-derbyshire/im-professional/specialist-community-advisors)Derby City locality 1, 2 & 5: Sonia Simpson-Brown​​​​​​, **07833 927241**sonia.simpson-brown@nhs.netCity locality 3 & 4 and South Dales: Miriam Krepa, **07717 538764** miriam.krepa@nhs.net**Relate Safe Speak** Provide counselling and other emotional health services to young people from Relate offices and in Secondary and Primary schools across Derbyshire. Also offer a range of services in schools around Derbyshire including individual and group counselling, training, peer listening and staff clinical support. [Website](https://www.safespeak.org.uk/)[Contact form](https://www.safespeak.org.uk/contact-us.html)01332 349177 Email **Action for Children/Build Sound Minds**A comprehensive early intervention offer to children and young people aged 0-17 who are experiencing mild to moderate mental health difficulties but do not meet the thresholds for more specialist services. Offers one-to-one support, group work, telephone support and a digital offer.[Website](https://services.actionforchildren.org.uk/derbyshire/build-sound-minds/) [Referral form](file:///C%3A%5CUsers%5CWardH%5CDownloads%5Cbsm-referral-form-feb-20.docx)01332 679379Email**Space 4 U (Parents who abuse substances)** Supporting children who are seriously affected by someone else's substance misuse.[Website](https://services.actionforchildren.org.uk/derbyshire/space-4-u/) Email01246277422[Referral form download](https://services.actionforchildren.org.uk/derbyshire/space-4-u/make-a-referral/) **SPIP (children of separated parents)**A course designed to help parents think about their separation from the perspective of their children - including thinking about what is it their children need most from them. The course also looks at the best ways that separated parents can communicate with each other in order to avoid conflict.[Website](https://services.actionforchildren.org.uk/derbyshire/spip/)Email07843 343993**Changing Lives**New service offering Mental Health Support through brief evidence-based psychological interventions, based on the principles of cognitive behavioural therapy for people aged 0-25Contact: vicky.vieselis1@nhs.net General enquiries: helen.skinner10@nhs.net **Change, Grow, Live**Children's Rights Service offers free independent, confidential support to all looked after children and young people from Derby City - no matter where you are living. Independent Visitors meet with young people monthly to take part in fun activities they choose together. Support for young people who are using drugs or alcohol, feel they have a problem and want some help.[Website](https://www.changegrowlive.org/)07809 587007Email**National Child Measurement Programme**Records height and weight measurements of children in state-maintained schools in reception (aged 4–5 years) and year 6 (aged 10–11 years). [Website](https://digital.nhs.uk/services/national-child-measurement-programme)0300 303 5678Email**Bridge The Gap**A C.I.C dedicated to improving the mental health of children, parents and teachers. Practitioners and qualified professionals provide one-to-one and group sessions in safe environments that suit individual needs.[Website](https://www.jwbridgethegap.com/)01332 600827Email**Beacon House** A specialist, innovative and creative therapeutic service for young people, families and adults. With a special interest in working with individuals of all ages who have experienced trauma and loss, we are passionate about offering safe and effective therapies in a way that enables people to re-build their lives following stress and adversity.[Website](https://beaconhouse.org.uk/?section=welcome-to-beacon-house)[Referral Form](https://beaconhouse.org.uk/contact/)Email**Anna Freud** A mental health charity for children and families**.** We reach over one million children and young people through schools and colleges by providing trusted resources, training and supporting the workforce and researching how best to support pupils and students.We nurture and protect children and young people by developing support for infants, children, young people and their families from conception to 25 by bringing together the best in science, research, policy and practice.[Website](https://www.annafreud.org/)EmailTel: +44 (0)20 7794 2313**Derby and Derbyshire Emotional Health and Wellbeing** A toolkit that has been designed collaboratively by professionals who work across Derby & Derbyshire to help plan and deliver care & support for people who are feeling stressed, anxious or depressed, or just want to feel happier. Aimed at professionals, members of the public, children and young people who wish to access local services or just require further information on the services that are available to them.[Website](https://derbyandderbyshireemotionalhealthandwellbeing.uk/)**Emotionally Healthy Schools** A resource developed to support schools to implement and maintain a whole school approach to emotional health and wellbeing. It has evolved from the 'Emotional and Mental Health: A Resource for Schools' toolkit that was developed by the Derby and Derbyshire Future in Mind programme.[Website](https://emotionallyhealthyschools.org/)[Online contact form](https://emotionallyhealthyschools.org/contact/) |

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| **Mindfulness (Mental Health)** |
| **Mindfulness in Schools** Mindfulness in Schools Project (MiSP) is a national, not-for-profit charity for young people and schools. We are an established provider of mindfulness training for schools, delivering world-leading curricula for classroom-based mindfulness.[Website](https://mindfulnessinschools.org/mindfulness-in-education/why-do-it/)[Online contact form](https://mindfulnessinschools.org/contact/)Email**Relax Kids** Relax Kids supports your children’s mental and emotional health and wellbeing with a range of tools and techniques to help calm their body and mind and build confidence and self-esteem. We use a pioneering 7-step whole-brain holistic approach and fun, magical and creative techniques to help your children feel happier and healthier.[Website](https://relaxkids.com/)EmailTel: 07502428987[Book an enquiry](https://relaxkids.com/training/chat-with-marneta/)**Feelings Detectives**A 12-week coping skills intervention programme specifically designed for young people aged between 7 and 13 years with social communication and interaction difficulties, including autism. The programme teaches coping skills to help young people manage anxiety using cognitive behavioural therapy (CBT) principles.[Website](https://www.feelingsdetectives.com/)Email |

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| **Bereavement**  |
| **Winston’s Wish** Provides emotional and practical bereavement support to children, young people and those who care for them. Expert teams offer one off and ongoing bereavement support and provide online resources, specialist publications and training for professionals.[Website](https://www.winstonswish.org/)08088 020 021Email**Child bereavement UK** Helps children, parents, and families to rebuild their lives when a child grieves and when a child dies. Support children and young people up to the age of 25 who are facing bereavement. Provide training to professionals in health and social care and education, equipping them to provide the best possible care to bereaved families.[Website](https://www.childbereavementuk.org/)0800 02 888 40Email**Cruse** Specialist bereavement experts have experience in all types of loss and can offer support however and whenever the death occurred.[Website](https://www.cruse.org.uk/)Derby@cruse.org.uk 01332 332098**Tree Tops** Offer counselling and emotional support to adults, children and young people who are dealing with a life-limiting illness or bereavement. The service is available to all users of Treetops services and people registered with a GP practice in Derby city or Southern Derbyshire.[Website](https://www.treetopshospice.org.uk/our-services/therapeutic-services/counselling-emotional-support-service/)Email 0115 949 6944 |

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| **Referrals**  |
| The aim of a parent carer’s needs assessment is to give parents/carers of under 18- year olds a chance to tell Derby City Council’s Children’s Services about the things that could make looking after a disabled child or a child with SEND easier.[parent-carers-needs-assessments-guide.pdf](file:///C%3A%5CUsers%5CWilkinE%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CINetCache%5CContent.Outlook%5CJ0A9UHUE%5Cparent-carers-needs-assessments-guide.pdf) |

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| **SEND** |
| **Integrated Disable Children’s Service – The Lighthouse** The Light House is a purpose built environment for disabled children and the staff who work with them. Work with the Complex Behaviour Service and schools to help parents manage their child’s challenging behaviour and support them with routines.[Website](https://www.derby.gov.uk/health-and-social-care/disabilities/disabled-children-and-young-people-the-lighthouse/light-house/#:~:text=The%20Integrated%20Disabled%20Children%27s%20Service,and%20NHS%20Southern%20Derbyshire%20CCG.)Email Phone:01332 256990**Children First mentoring** Mentoring Service aims to match young people with caring mentors who can provide new experiences, guidance and support. The support offered provides effective help with managing challenges as well as building self confidence.[Website](https://www.childrenfirstderby.co.uk/mentoring-service)[Referral form](https://www.childrenfirstderby.co.uk/referralforms-cfd)01332 341516Email**Funability** Provides short break provision for young disabled people aged 3-18 years with a wide range of disabilities at 8 specialist clubs, one-to-one in the community and programmes of activities in every holiday. In term time, 8 specialist clubs allow young people to choose a session that really meets their needs.[Website](http://www.stjamescentrederby.co.uk/fun-abili8y)01332 604080Email**Umbrella** support children and young people aged 5 to 30 with any additional needs, including physical, sensory, learning and behavioural disabilities. Services are person centred to meet individual needs.[Website](https://umbrella.uk.net/)Email01332 785658.**SENDIASS**Free, confidential, impartial information, advice and support for parents, children and young people up to the age of 25 about Special Educational Needs and Disabilities[Derby SEND | Information & Advice Support Service (SENDIASS) (derbysendiass.org.uk)](https://derbysendiass.org.uk/)**Derby Local Offer** The purpose of our Local Offer is to allow parents, carers and young people to find out more easily about services and support and how to access them. We have developed our Local Offer in co-production with parents, carers, young people and schools.[Website](https://www.derby.gov.uk/education-and-learning/derbys-send-local-offer/)Email01332 643616**STEPS**  **Specialist teaching service -** (sensory, hearing, ASD, visual, physical impairment)Advisory Teachers, Advisors and Specialist HLTAs provide support and advice for children and young people with sensory impairment, physical impairment and social communication and autism spectrum disorders. Early Intervention Practitioners provide advice and support for pre-school children with special educational needs (SEN) and disabilities, their parents, early years setting staff and transition into early years settings.[Website](https://schoolsportal.derby.gov.uk/steps/specialist-teaching-service/)Email 01332 641400**Educational Psychology (Graduated response DIY)**The Educational Psychology Service (EPS) provides a wide range of services to help the People’s Services department with identifying and meeting the Special Educational Needs and Disabilities (SEND) of children and young people aged 0-25.[Website](https://schoolsportal.derby.gov.uk/steps/derby-city-educational-psychology-service/)[Referral form for EPS](file:///C%3A%5CUsers%5CWardH%5CDownloads%5CInformation-for-casefile-form.docx)Email01332 641400**Neurodevelopmental pathway (ASD, ADHD)**The neurodevelopmental pathway for south Derbyshire involves a number of different health professionals working together to make the best possible assessment about a young person's needs.Referrals onto the neurodevelopmental pathway are assessed by a multi-professional team as part of the Children's Services Single Point of Access (SPOA)[NHS Website](https://www.derbyshirehealthcareft.nhs.uk/services/childrens-complex-health-derby-and-southern-derbyshire/neurodevelopmental-conditions-assessment)[Referral Form](file:///C%3A%5CUsers%5CWardH%5CDownloads%5CSPOA_referral_form_ND_restoration%20%281%29.docx)**Speech & Language Therapy Service**Support children with speech, language, communication or swallowing difficulties in Derby City and the southern half of Derbyshire.[Website](https://www.speech.derbys.nhs.uk/)[Referral form](https://www.speech.derbys.nhs.uk/Portals/1/ChildrensreferralformApril21_1.pdf)01332 888060 Email**Family Hub**Committed to ensuring that children and young people with SEND in Derby city have the fullest possible range of services, support and opportunities.[Website](https://remote.derby.gov.uk/Synergy/)**Parent Carers Together Derby**An independent, non-political group that represents parents and carers of children and young people 0-25 years with Special Educational Needs and Disabilities in Derby City.[Group website/ Facebook page](https://en-gb.facebook.com/derbycityparentcarerstogether/)Email |

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| **Sexual Abuse and CRE** |
| **The Keep** A single integrated health and social care team based at Leopold Street providing emotional well-being and therapeutic services for Children in Care and other groups of vulnerable children and young people.[The Keep website](https://derbycsc.proceduresonline.com/p_emoti_health_keep.html)Email 01332 717575 [Referral Form](file:///C%3A%5CUsers%5CWardH%5CDownloads%5Cthe_keep_referral_form.doc)**SV2** Service includes forensic medical examinations, crisis worker support, Advice Line and support from Independent Sexual Violence Advisers (ISVAs). Provides a range of therapy services for adults and children including art therapy for children aged 0-13.[Website](https://www.sv2.org.uk/)[Referral Forms](https://www.sv2.org.uk/resource/downloads-and-forms/referral-forms/)01773 746 115**Catch 22** [Website](https://www.catch-22.org.uk/services/derby-derbyshire-children-at-risk-of-exploitation-service/)Supports children and young people who are at risk of Child Exploitation (CRE) in Derby and across Derbyshire. Deliver bespoke support and interventions to children and young people to build resilience and aspiration, empowering them to take control of their lives and support them to stay safe.Email 07714 614 536[Referral form](file:///C%3A%5CUsers%5CWardH%5CDownloads%5CDerby-and-Derbyshire-CARES-Referral-Form-November-2020.docx)**Safe and Sound**[Website](https://www.safeandsoundgroup.org.uk/)Tackling child sexual exploitation by providing high quality tailored one-to-one support to victims and young people at risk in Derby and Derbyshire. Services include all forms of exploitation. Email01332 362120[Referral Form](file:///C%3A%5CUsers%5CWardH%5CDownloads%5CSafe-and-Sound-E-Referral-March-2020.docx) |

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| **LGBT +** |
| **Stonewall** Empowering LGBT people to be their authentic selves, enabling them to realise and achieve their full potential. Support individuals to understand how they can make a difference for LGBT people at work, home and in their communities.Website0800 0502020**Derbyshire LGBT+**Support anyone who is Lesbian, Gay, Bisexual & Transgender or anyone who is having issues with their sexual orientation or gender identity.[Website](https://www.derbyshirelgbt.org.uk/)[Referral Form](https://www.derbyshirelgbt.org.uk/contact-us/refer-to-us/)Telephone: 01332 207704Email |

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| **Cultural Groups** |
| **The Ethnic Minority Achievement Team (EMAT)**Work with Derby city schools, partners and voluntary organisations to improve access to the curriculum for black and minority ethnic (BME) pupils at risk of underachievement, pupils of Gypsy, Roma and Traveller heritages, and pupils who speak English as an additional language (EAL).[Website](https://www.derby.gov.uk/community-and-living/youth-support/language-cultural-support/)EmailPhone: 01332 256332**Derby Bosnia-Herzegovina Community Association**Offer advice and information in the Bosnian/Serb/Croat language in the Derby City and East Midlands area. providing support services including translating texts and forms, immigration advice, arranging appointments, housing, English classes and counselling.[Website](http://www.bihcommunityderby.co.uk/)Email1332 294436**British Red Cross**Look at needs of young refugees and may be able to give one-to-one support. Includes help with: health, education and social care support, learning new skills, building confidence, knowing what support is available and how to get it.[Website](https://www.redcross.org.uk/) **Call: 01332 525 423**Email**Roma Community Care** Offers support and helps primarily Eastern European Roma become full, active, and equal citizens.Email01332 289818**NCAT** Educational support for Asylum seekers and refugees, Roma from Central and Eastern Europe and pupils who are new arrivals and who speak English as an additional language (EAL).[Website](https://schoolsportal.derby.gov.uk/new-communities-achievement-team/) Tel: 01332 641305 or 07812301996**Upbeat Communities** Provide support to refugees and asylum seekers, address the needs of those newly arrived in the UK, as well as supporting those who have been through the asylum process and have been granted refugee status. English Classes and Community integration activities.[Website](https://www.upbeatcommunities.org/)Email01332 916150**Derby City Life Links** Website has details and contact information for various support services available to the people of derby.[Website](https://derbycitylifelinks.org.uk/)EmailFreephone: 0800 0322202[Referral Form](https://derbycitylifelinks.org.uk/)**Hamaari** Support and advice for disadvantaged and socially isolated East Africans in Derby[Website](https://www.hamaari.org.uk/)Email01332 740005 |

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| **Referral Processes** |
| **SPoA** This online referral form is for GPs and primary care professionals in health, education and local government to contact the **SPOA** team to request support for children and young people with emotional and behavioural problems in the Derby City and South Derbyshire area.[Website](https://www.derbyshirehealthcareft.nhs.uk/services/childrens-mental-health-services-camhs-derby-and-southern-derbyshire/im-professional/single-point-access-referral-form)[Referral Form](https://www.derbyshirehealthcareft.nhs.uk/services/childrens-mental-health-services-camhs-derby-and-southern-derbyshire/im-professional/single-point-access-referral-form)Email**First Contact team:** 01332 641172**Careline** 01332 956 606 **Early Help Services – MAT** Focused on vulnerable families where there is a need for coordinated support from agencies to prevent issues escalating to the point where families may require statutory Social Care services.[Website](https://www.derby.gov.uk/health-and-social-care/safeguarding-children/early-help/)[Early Help Offer Booklet](file:///C%3A%5CUsers%5CWardH%5CDownloads%5Cderbycitycouncil-early-help-offer-booklet-apr2016.doc)[Online form to raise concern about a child](https://myaccount.derby.gov.uk/en/service/report_concerns_about_a_child)Telephone: 01332 641172**Priority Families**Targeting help and support to those families who need it most. Focuses on the whole family and unites the skills and expertise of all our frontline partners, rather than support one family member in isolation and tackle one problem at a time.[Nomination Process](file:///C%3A%5CUsers%5CWardH%5CDownloads%5Cnomination-process-june2020%20%281%29.docx)[Website](https://www.derby.gov.uk/health-and-social-care/children-and-family-care/priority-families/programme/)Email**Derby Youth Offending**Multi-agency service made up of professionals from a range of organisations which aims to prevent and reduce offending by children and young people aged between 10 and 18 in the city.[Website](https://www.derby.gov.uk/community-and-living/youth-offending/preventative-services/)Email01332 642444**Safe Families**A charity that works with 35+ local authorities around the UK. Safe Families provide sustainable solutions for families within their own communities by delivering cost effective, relation-based services through trained local volunteers. Safe Families provides support that improves parents’ and carers’ wellbeing and confidence.[Website](https://safefamilies.uk/)0333 4141488[Online Contact form](https://safefamilies.uk/contact/)**Team Around the School**Team around the School (TAS) offers a less intensive but no less focussed approach to working with young people. Schools can share information about children/families/groups who are causing them concern due to potential/actual escalating risk. Intervention will be determined by the TAS meeting in which particular needs or intelligence may have been gathered indicating concern.[Early Help Website](https://www.derby.gov.uk/health-and-social-care/safeguarding-children/early-help/)[Contacts for each locality](file:///C%3A%5CUsers%5CWardH%5CDownloads%5Cderbycitycouncil-integrated-locality-services-handbook-april2016.docx) |

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| **Other** |
| **Breakout** Young persons' drug and alcohol service for Derby.[Referral Form](file:///C%3A%5CUsers%5CWardH%5CDownloads%5Cschool-nurse-public-health-referral-form.docx)[Website](https://www.derbyshirehealthcareft.nhs.uk/services/drugs-and-alcohol-support/drugs-and-alcohol-support-young-people-derby)01332 641661**Young Carers** Support for young carers, includes therapy services and respite activities. Can refer to other agencies if more support is needed than they can provide.[Website](https://www.derby.gov.uk/health-and-social-care/your-life-your-choice/information-for-carers/young-carers-support/#d.en.113938)Email01332 641017**This Is Derby (Derby Youth Alliance)**City-wide collaboration which aims to provide opportunities for disadvantaged young people in the city to raise aspirations, have meaningful experiences and achieve their potential.[Website](https://www.derbycountycommunitytrust.com/programmes/community-engagement/derby)Email01332 416140**Enthusiasm – Year 6 only**Mentoring programme to refocus the minds of young people aged 11-17 years caught up in gang cultures or lifestyle or those involved in anti-social behaviour.Refer via Derby Homes – Allenton Area[Website](https://enthusiasm.org.uk/about-us/derby/)Email01332362479**Project Zao** A group of organisations working with young people in Derby have joined forces to reduce knife crime in the city. The project aims to discourage young people in the city from carrying knives by a series of activities that will educate, prevent and enforce the consequences of doing so.[Website](https://www.derbyshire.police.uk/police-forces/derbyshire-constabulary/areas/derbyshire-force-content/campaigns/campaigns/2019/project-zao/)[Online Contact Form](https://www.derbyshire.police.uk/contact/af/contact-us/) – Quote Project ZaoCall 101**Live Well** Supports people in Derby to lose weight, get fitter, stop smoking and improve their health with 12-month programmes and NHS Health Checks. Live it programme for children aged5-17[Website](https://www.livewellderby.co.uk/)Tel: 01332 641254**DCCT – premier league KICKS** Free Sports activities delivered in local parks and community centres for children and young people aged 8-19 who otherwise might not be able to take part.[Website](https://www.derbycountycommunitytrust.com/programmes/community-engagement/pl-kicks)Email01332 416140 **Derby Children’s Centres**Offer a wide range of services including: Outreach support – by referral Only, Parenting programmes, Child health clinics, SEND support, Speech and language screenings and Stay and play sessions[Website](https://www.derby.gov.uk/community-and-living/childcare/childrens-centres/)[Registration Form](https://myaccount.derby.gov.uk/service/Children_s_Centre_Registration)EmailPhone: 01332 640758**Inspirative Arts** Arts therapies and creative wellbeing sessions across the East Midlands1-1 or small group mentoring, therapeutic or well being approach [Arts Therapies | Mental Health | Wellbeing Session | Derby (inspirativearts.co.uk)](https://www.inspirativearts.co.uk/)**Primary Behaviour Support – Newton’s Walk** We provide education for pupils who have been excluded from primary school and offer a range of specialist behaviour support to schools across the city. We work closely with pupils and families to build trust and assess any difficulties. Our vision is to allow pupils to SHINE; be Successful, Happy, Independent, feel Nurtured and be Enthusiastic about learning.[Website](http://www.newtonswalk.derby.sch.uk/index.php/our-school/admissions)EmailTel: 01332 973858 |

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| **Attachment** |
| **Touchbase Seguridad (resources)**Seguridad is a developmental trauma intervention that supports all those directly involved with a child or young person who has experienced adverse childhood experiences, to work together as a team in a therapeutic way, in order to support both recovery and learned security.[Website](https://touchbase.org.uk/education/seguridad/)Email[Online contact form](https://touchbase.org.uk/contact-us/)**Trauma Informed Schools** Our vision is to provide appropriate training for schools, communities and organisations so that they become trauma informed and mentally healthy places for all. We implement many interventions to ensure the relational and emotional health of all. Our interventions are evidence based with the backing of over 1,000 research studies from psychology and neuroscience.[Website](https://www.traumainformedschools.co.uk/) EmailTel: 01752 278477**Fagus** An online educational resource for pupils with social, emotional attachment and developmental trauma-related difficulties. The Fagus framework enables educators to reflect on children’s behaviour, identify a child’s current level of social & emotional development and put in place a robust assessment and tracking process.[Website](https://www.fagus.org.uk/)EmailTel: 01628 367358**Attachment Lead Network** An Attachment Lead is someone who advocates for pupils who have experienced significant relational traumas and losses in their lives to date. These pupils need an Attachment Aware approach to support them in their learning rather than the usual traditional approach mainly used in most schools.[Website](https://www.attachmentleadnetwork.net/)[East Midlands leads contact details](https://www.attachmentleadnetwork.net/region---east-midlands.php)[Network contact form](https://www.attachmentleadnetwork.net/contact.php) |